



## **GIRLS U-11 HSA Select 08**

**Head Coach** Jennifer Young

**Bio** I have played soccer since the age of 5 whenever time allowed, and will play on a women's team this year. I have coached both co-ed and girls teams for 5+ years, and have coached multiple teams in a season. I am CPR certified and have a current Positive Coaching Alliance Double Goal Coach Certificate, 4v4 Coaching Certificate, USSF E and F Licenses. This summer I will become a certified referee.

**Coaching Philosophy** I am an energetic, highly motivated and experienced soccer coach with a true love of the game and a desire to foster that passion in young athletes. I hold a strong belief that team sports are an integral part of teaching young kids how to work together and how to organize their time. Team athletics continually show players the rewards of hard work and dedication, and the many joys and lessons that competition and teamwork can bring.

**Current/past teams** WSSC 08 Girls (playing up in U11) - Spring 2018  
WSSC 08 Girls U10 & HSA Select 05/06 Girls – Spring & Fall 2017  
WSSC 08 Girls U9 – Spring & Fall 2016  
WSSC 08 Girls U8/WSSC 2010 Coed U7 – Spring & Fall 2015  
WSSC 08 Coed U7/WSSC 2010 Coed U6 – Spring & Fall 2014  
Kent Parks and Rec 02 Girls U11 - 2009

**In this past year** In this past year I obtained my E Coaching License, had the opportunity to observe and learn from some excellent fellow soccer coaches by watching their training sessions and coaching styles. I experienced my first year coaching in a select organization with HSA Select, and my WSSC 08 Girls team celebrated an exciting and hard fought undefeated season for 2017.

**Fun fact** I am a married mother of three busy and athletic daughters. We enjoy an active lifestyle that includes biking, snowboarding, soccer, paddle boarding and more. I own a business and have lived and worked in the West Seattle area for 15 years. I continually strive to be a positive part of our community.